Thought for the Month

“And whoever does not take up the Cross and follow me is not worthy of me.” — St. Mathew 10:38

Service Timings

Every day 6.30 p.m. – 07.15 p.m. Evening Prayer
All Saturdays 5.30 p.m. – 06.30 p.m. Confession
6.30 p.m. – 07.30 p.m. Sunday Evening Prayer
All Sundays 6.15 a.m. – 07.00 a.m. Morning Prayer
7.00 a.m. – 08.30 a.m. First Holy Qurbana
8.45 a.m. – 09.15 a.m. Morning Prayer
9.15 a.m. – 10.30 a.m. Second Holy Qurbana
Third Sunday First Holy Qurbana English
All Tuesdays 6.30 p.m. – 07.30 p.m. Evening Prayer and Intercession to St. Mary
1st & 3rd 7.30 a.m. – 08.30 a.m. Morning Prayer
Sundays 8.30 a.m. – 10.00 a.m. Holy Qurbana at St. George Chapel Aya Nagar
Meetings of Spiritual Organisations

1. Sunday School          All Sundays          9.30 a.m.
2. Youth League            All Saturdays        7.30 p.m.
3. M.G.O.C.S.M.            All Sundays          9.30 a.m.
4. Marth Mariam Samajam    All Sundays          9.30 a.m.
5. Area Prayer Meetings    Venue & Time, as
                           decided by each group

Church Calendar

September 1. Eight days Lent Begins
2. Late Youyakim Mar Coorilos, Mulanthuruthy
   Third Sunday after Shoonoyo
8. Feast of the Birth of St. Mary, the Mother of God.
9. Feast of Yuyakim and Hanna
   Fourth Sunday after Shoonoyo
14. Feast of the Holy Cross (Sleeba Perunal)
15. 106th Anniversary of the Establishment of Catholicate
    in Malankara
16. First Sunday after Feast of Holy Cross
23. Late Alwaris Mar Julios, Panchim, Goa
    Second Sunday after the Sleeba Perunal
28. Memory of Late H G Philipose Mar Theophilos, Aluva.

Bible Reading

September

02 Third Sunday after Soonoyo
   Exodus 24: 12 – 18          1 Samuel 3: 16 – 21          Ezekiel 18: 21 – 24
09 Fourth Sunday after Soonoyo
   Exodus 3: 1 – 6             Job 1: 1 – 5                    Isaiah 1: 15 - 20
14 Sleeba Perunal
   Numbers 21:4 – 9            1 Samuel 17:37 – 53          Jeremiah 32: 36 – 41
16 First Sunday after Sleeba Perunal
   Acts 3: 21 – 26             1 Corinthians 2: 10 – 16         St. Mathew 5: 1 – 12
23 Second Sunday after Sleeba Perunal
   Genesis 42: 9 – 17          1 King 3: 5 – 14              Isaiah 48:12 – 16
30 Third Sunday after Sleeba Perunal
   Genesis 42: 18 – 22         Proverbs 1:2 – 9              Isaiah 54: 1 – 8
   Acts 7: 2 – 5               Romans 8: 1 – 11             St. Mark 2: 23 – 28
Greetings to you all in the precious name of our Lord Jesus Christ.

This month the church is commemorating the birth of St. Mary, the Mother of God. Let us pray earnestly to our blessed Mother to intercede and protect our parish and all its members from all the difficulties. May her intercession become a fortress for all of us.

The Church enters into the final phase of the Liturgical year. The Liturgical calendar is divided into seven phases which commences from ‘Kudosh Edtho’ Perunnal. The final phase begins with Sleeba Perunnal and it goes up to Kudosh Edtho. The church looks forward with great expectation for the glorious second coming of Jesus Christ during this season. All the scripture readings during the worship in this season, arouses some eschatological thoughts.

Jesus second coming is depicted in Lk 17: 27-30 which reminds us about the days of Noah and Lot.

1. It is mentioned that they were eating and drinking, and marrying and being given in marriage, until the day Noah entered the ark. .......Likewise just as it was in the days of Lot: they were eating and drinking, buying and selling, planting and building etc. It shows the people become selfish, focussing only on the earthly things and their physical growth. They fail to give due importance to God and His commandments.

2. The immoral activities were at its peak during the period. All such activities multiplied and were very common those days. People completely ignored the values cherished and started questioning on them.

3. The book of Genesis gives us certain hints of an advanced civilization existed even before the time of Noah. The world is witnessing an advancement in technology today. It has reached on the climax in the use of technology as we depend on it on all spheres of life.

By witnessing the different courses of events taking place all over the world today, it can be reasoned that we are almost there at the second coming of the Christ. As the scripture says “See that the trees shed its old leaves and wear new, it knows that the summer is at hand”.

Therefore, let us remain vigilant and come out of our shells and prepare ourselves for the Lord’s second coming.

The Church Celebrates ‘Sleeba Perunnal’ on 14th September every year. The history tells that the cross on which Jesus was crucified and the crosses of two thieves were buried at some undisclosed place by the Jews as they were scared that some miracles might take place. In
the year AD 311 Emperor Constantine and his whole family converted to Christianity after winning a fierce battle by the sign of the Cross. The king and the family longed to find the Cross which gave them the victory. The troop with Queen Helen found the original Cross of the Lord from Jerusalem, the place where Jews showed them the Crosses were buried. The feast of the Cross is in commemoration of the event.

Whenever we see the Cross or make the sign of Cross we recall the redemption through the sacrificial death of our Lord. By veneration of Cross we accept that Christ came down for our salvation, suffered for all of us, and transformed us to be the children of God. It also symbolizes our reconciliation to God and to our fellow beings.

Let me conclude by the words of St. Paul “For the message about the Cross is foolishness to those who are perishing, but to us who are being saved it is the power of God”. May the Holy Cross of our Lord be a sign of victory and salvation to all of us.

May God bless you all

Yours in His service,
Aju Achen

**News**

**Church Perunal & Devotional Programme:** The Assumption Feast of St Mary had been celebrated as our Church Perunal from 1st to 15th August. We are thankful to **Rev. Fr. Dr. O Thomas** the Principal of Orthodox Theological Seminary, Kottayam for his presence and leading the Perunal services. We are also thankful to Rev. Fr. Saji Yohannan and Rev. Fr. Binu B Thomas for their devotional addresses and all the priests present for the Raasa and Perunal services.

**Youth Week & Onam Celebration:** Youth Week valedictory function of the Youth League was cancelled due to the flood situation in Kerala. The amount collected for the same will be send to Kerala for the flood relief work.

Our Youth League members are visiting the houses of our parishioners as part of the Youth Week programs with an aim to strengthen the spirit of unity and fellowship. All are requested to cooperate with them by contributing generously to the various charity activities which is undertaken by the Youth League. Prayer group secretaries and Church managing committee members are requested to coordinate the area wise visits.

**Feast of the nativity of St. Mary (Ettu Nombu):** The feast of the nativity of St. Mary we celebrate on 8th September. Evening prayers and intercessory prayers will be conducted on all days from 1st September to 7th September. Ettu Nombuveedal falls on Saturday
September 8. The Holy Qurbana will be held on 7th and the Timings: 06.30p.m. - evening prayer followed by the Holy Qurbana and special intercessory prayers.

**Feast of the Holy Cross (Sleeba Perunal):** Sleeba Perunal falls on Friday 14th September and Holy Qurbana and special prayers will be conducted on Thursday 13th as per the following time schedule:

Evening Prayer, Holy Qurbana and Special Prayers: 6.30 p.m.-8.00 p.m.

**Sunday school:** Unit level cultural competition will be held on Sunday 16th September, 2018 immediately after the first Holy Qurbana in the school auditorium. The first prize winners have to prepare for the Diocesan level competitions.

**MGOCSM – Olive 2018:** MGOCSM Diocesan level cultural competition Olive 2018 will be held on Sunday, 9th September 2018 at St. Paul’s School, Auditorium.

**Kerala Flood Relief:** Kerala, The God’s Own Country, faced the most severe flood crisis this year due to an unusual high monsoon rainfall received towards the mid of August resulting in a rise of water level in several dams. The flood claimed around 400 lives and livelihoods of millions. Most of the region was intensely devastated shattering the earnings of a lifetime.

As an initiative to aid the flood ravaged Kerala, several projects and campaigns were held.

A Flood Relief Fund was raised which will be utilized for uplifting the flood victims. A project named Vidyadeepthi has been initiated by the OCYM on the Diocesan level aiming to strengthen the educational scenario. A collection of necessary items such as dresses, plates, toiletries, bed sheets etc. has also been taken up by the Diocese to reduce the hardship of the flood victims. Our Cathedral takes immense pleasure in taking part in this activity and serving as a collection center for the flood relief materials.

**1st Death Anniversary of Former Diocesan Secretary, Very Rev. Skariah Ramban:**

On 5th August 2018, our church hosted a Service and Diocesan Level Meeting to commemorate the 1st Death Anniversary of our Former Diocesan Secretary, Very Rev Skariah Ramban. The event was blessed by the esteemed presence of HG. Dr. Youhanon Mar Demetrios Metropolitan of Delhi Diocese and HG Dr. Jacob Mar Barnabas, Bishop of the Diocese of St. John Chrysostom, Gurugram. The active participation of all the parishes made it a divine occasion which ended with a prayerful note.
Prayer Meeting

September 02 Sunday:
1. Mount Horeb Prayer Group at 4.30 p.m.
   Mr. Thankachan Thomas
   E-12/1A, Hauz Rani, Malviya Nagar
2. St. Mark Prayer Group at 6.00 p.m.
   Mr. Biju George
   K-23-E, Sheikh Sarai, Phase-II
   Mrs. Omana Oommen
   Qtr. No. 110-E, Sector-IV, Pushp Vihar
4. St. James Prayer Group at 4.30 p.m.
   Mr. John T.M., RZD-68, Pratham Apts.
   Street No. 4, Mahavir Enclave
5. St. Gregorios Prayer Group at 6.00 p.m.
   Mr. Alex K.
   248, DDA Flats, Lado Sarai

03 Monday:
St. Mary’s Prayer Group at 6.00 p.m.
AIIMS - Nurses Hostel

09 Sunday:
1. St. Mary’s Prayer Group at 6.00 p.m.
   Mr. Prasad Abraham, RZ-1484
   Gali No. 27-28, Tuglakabad Extension
2. St. Ignatius Prayer Group at 7.30 p.m.
   Mr. George K.V., Qtr. No. 501, Block-1
   Nurses Resi Complex, Srinivaspuri
3. Mount Tabore Prayer Group at 4.30 p.m.
   Mr. Varughese Abraham
   Ward No. 1, Mehrauli
4. Mount Hermon Prayer Group at 6.00 p.m.
   Mr. Gabriel Sam
   House No. 8, Rajpur Khurd Extension
5. St. George Prayer Group at 7.30 p.m.
   Mr. Babu T.T.
   A-1/49, Phase-V, Aya Nagar

10 Monday:
St. Mary’s Prayer Group at 6.00 p.m.
AIIMS - Nurses Hostel

16 Sunday:
1. St. Thomas Prayer Group at 6.00 p.m.
   Mrs. Chinnamma Thomas
   26-C, LIG DDA Flats, Motia Khan
2. St. Paul’s & Mar Kuriakose Prayer Group at 7.30 p.m.
   Mr. Viju Thomas
   Qtr. No. 701, Block-6, Lodhi Colony
3. St. Athanasios Prayer Group at 4.30 p.m.  
   Mr. Yohannan K. Cherian  
   C-429, Triveni Apts., Sheikh Sarai-I

4. Mar Dionysius & Mar Bursauma  
   Prayer Group at 6.00 p.m.  
   Mr. Varghese PA.  
   Qtr. No. 1135, Sector-VIII, R.K. Puram

5. St. Peter’s Prayer Group at 7.30 p.m.  
   Mr. Thomas Chacko  
   Flat No. 169, Gulmohar Enclave

17 Monday :  
   St. Mary’s Prayer Group at 6.00 p.m.  
   AIIMS - Nurses Hostel

23 Sunday :  
   1. Mount Tabore Prayer Group at 4.30 p.m.  
      Mr. John K.S., Flat No. B-1, Vidya Apts.  
      Ward No. 4, Mehrauli
   
   2. St. Andrews Prayer Group at 6.00 p.m.  
      Dr. K.M. Chacko, C1/1027, Vasant Kunj
   
   3. St. George Prayer Group at 7.30 p.m.  
      Mr. Geevarghese K.P.  
      A-1/57, Phase-V, Aya Nagar

   4. Mount Sinai Prayer Group at 4.30 p.m.  
      Mr. Simon M.G., SA-17, Sophia Society  
      Abhay Khand-4, Indirapuram

   5. St. Mathew’s Prayer Group at 6.00 p.m.  
      Mr. Sajan Varughese  
      F-130/3A, Gautam Nagar

   6. Mar Philoxenos Prayer Group at 7.30 p.m.  

24 Monday :  
   St. Stephen’s Hospital Chapel  
   Holy Qurbana 5.00 p.m.  
   St. Mary’s Prayer Group at 6.00 p.m.  
   AIIMS - Nurses Hostel

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**Mournful Memory**

H. G. Thomas Mar Athanasios, Metropolitan of Malankara Orthodox Chengannur Diocese, left for his heavenly abode on 24th August 2018. We express our heartfelt condolences on his untimely demise. He was bestowed with great knowledge about Church Constitution and Canon Law. His role as a Metropolitan of Chengannur Diocese has uplifted the Diocese to a dignified level. His Grace also served the Malankara Sabha in various capacities, such as the secretary of the Holy Episcopal Synod. His Administrative Skills, Priestly Discipline and Educational Expertise has always embellished the prestigious positions he held during his walk of life.
Prayer

Lord our God, Ruler over the world, whose longing is to see your thoughts and your will in all people, we come before you and ask that we may find strength in your Word and never cease to hope for the coming of your kingdom. Even when the world storms and rages, even when earthly kingdoms rise up against each other and everything seems dark, even then be present. Let your kingdom go quietly forward, to the honor of your name. Help us come closer to the goal Jesus has shown us, closer to the time we wait for, the day of his coming when all shall be made new and good through your power, through your Spirit.

Lord, we lift our hearts to you, for you have given great promises to those who fear you. Let your Word strengthen us in faith, patience, and hope. Be with all those who call upon you, pleading for help in our time. For these times must work for our good, and in spite of sin, death, and all evil we can find joy in what you are doing. We call to you, O Lord our God. Let your hand be revealed, that something may be seen besides human striving and the efforts of human hands. Let the work of your hand be visible to many, to all peoples on this earth. May your name be honored, O Lord our God, your kingdom come, and your will be done on earth as in heaven.

Amen.

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